

Unifor Local 1285

23 Regan Rd.
Brampton L7A 1B2

UNIFOR ACTION CENTRE



Unifor Local 222

1425 Philip Murray Ave.
Oshawa L1J 8L4

Newsletter July 2024

Action Centre Update

Since our first Newsletter sent, traffic through the action centre has been steady. We have continued to offer some great workshops and helped with resumes and job search. In the months of May and June the interest in our workshops has continued to grow. The visits to the centre have also increased. It is really nice to see so many people just come by just to visit and stay connected.

Some of the Action Centre's workshops to date:

May 1,2 - CPR course and June 11,12.

May 6 - Skills Development (Apprenticeships)

May 8 - Wellness Fair

May 18 - Strategic Resume

May 21 - Career Exploration

May 29 - Basic Computer

May 30 - Importance of Soft Skills and Basic Computer



**Congratulations
CPR Class Graduates
June 11,12 2024**

How To Ace An Interview

This inciteful workshop was put on by 2 bubbly ladies from the Toronto District School Board, Next-Steps Employment Centre (Meadowvale).

If you are interested sign up for our next course.



Future Workshops

Local 1285 location

August 6– Resume/Cover letter
August 13– Resume/Cover letter
August 15– Employment/Resource Info Session
August 29– Employment/Job search
August 7-8—CPR certificate

Come in to sign up!



Basic Computer Course

Sept. 2024

Attn: Stellantis Unit Members
Information Session on:
Transition from EI to SUB & IMP

at the Unifor Action Centre
23 Regan Road, Brampton in the Main Hall

Date: Wednesday, August 21st, 2024

Time: 11:00am-1:00pm

To register for the session, please email
Coordinator1@unifor1285.ca

**PARKING AND ACCESS TO THE ACTION CENTRE
THROUGH BACK OF BUILDING**

Looking for suggestions

Is there something you would like to see or do through the action centre as a group or a one on one. Social events are very important, this is one way to keep in touch with your work mates and friends. Put your creative juices to work, and let's plan some classes or outings that would be of interest to you.

Contact your Action Centre or come in and write on our suggestion board.



**Credit
Counselling
Society**

Head Office
225 – 625 Agnes Street
New Westminster, BC, V3M 5Y4
nomoredebts.org | mymoneycoach.ca
Tel 1-888-527-8999 | Fax 1-888-520-8008

Financial Resources Available for Local 1285 Members

In these challenging economic times, we understand that many of you may be experiencing financial stress. To support you, your Union has partnered with the Credit Counselling Society (CCS) to offer a range of services designed to help you manage your finances and navigate through any debt or credit issues.

Comprehensive Financial Counselling

CCS provides free, confidential credit and debt counselling services to help you manage difficult times. Use the referral code "Unifor1285," and CCS will waive the set-up fee for any new [Debt Management Program \(DMP\)](#) if that is the right solution for you. To speak with a credit [counsellor](#) call 1-855-232-2888.

CCS Learning Hub Access

- ◇ As a member of Local 1285, you will also receive one year of unlimited access to the [CCS Learning Hub](#). This resource offers a variety of short, on-demand learning modules on numerous personal financial topics. Whether you need guidance on budgeting, saving, or credit, the Learning Hub has you covered.

Free Online Webinars

In addition to the above services, CCS hosts [free live online webinars](#) conducted by Certified Educators in Personal Finance. These webinars cover a range of relevant financial topics and provide practical advice and strategies to help you improve your financial well-being.

How to Access These Resources

To access all these free financial resources and support, click [here](#) or visit <https://www.nomoredebts.org/partner/Unifor1285>. We also encourage you to stay tuned for upcoming Unifor-hosted webinars, which will provide further opportunities for learning and financial empowerment.

We are committed to supporting you through these tough times and helping you build a more secure financial future. Don't hesitate to take advantage of these valuable resources available to you as a member of Local 1285.

WELLNESS FAIR



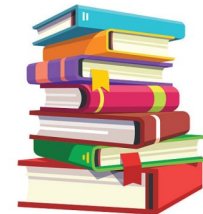
The Wellness Fair was a success! We estimate somewhere between 240 to 280 members attended. Thank you to the 19 vendors who set up tables in the main hall and shared some very good information and lots of resource material.

Some organizations such as the Knights Table rely on volunteers. We are proud to report 37 people signed up to volunteer.

Volunteering is a wonderful way to give back to the community, make friends, learn new skills and stay active.

Some of the Vendors who attended the Wellness Fair

- Indus Community Services
- Knights Table
- Credit Counselling Society
- Roots Community Services
- Wellfort Community Services
- Everymind
- Victim Services of Peel
- PAARC
- Wellsprings
- Greenshield Canada
- Hope Place Centres
- Catholic Crosscultural Services
- Adapt
- Peel Public Health-Family health
- United Way
- Peel Region
- Body by Mike



Did you know we have a book exchange?

If you want a book, take a book!

If you have a book, leave a book!



City Of Brampton paid the Action Centre a visit May 27th. Andrea Williams, Sector Manager, Economic Development and two other Managers took a tour of the Centre. They were especially impressed by how many people the centre and with the what we have to offer.

Oshawa Local 222 Location

Future Workshops

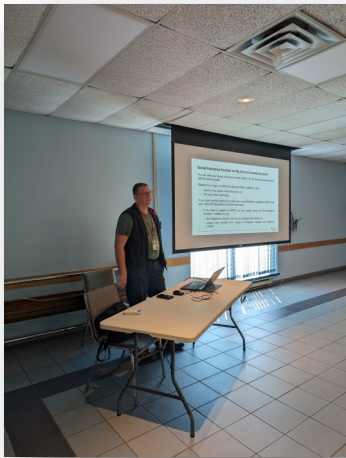
July 15, 16—First Aid/ CPR

July 31—Resume Writing

Aug. 22— How to build a LinkedIn Account

Sept.26—Online Job Search

Attention:
Brampton Unit Members
Information Session on
Transition from EI to SUB & IMP
at the Unifor Action Centre
1-1425 Phillip Murray Ave. Oshawa
Friday, August 23, 2024
10:00 am to 11:00 am
followed by a question period
Please email jamie.tryon@local222.ca
to register your place!



EI and Job Search Workshops

Action Centre Contact Information

Brampton Location

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